

Weiwei Zhao

Weiwei Zhao is a writing therapist, a shamanic energy medicine practitioner, a processing facilitator, and traveler of the unseen worlds and a world within, who walked her path by transforming her own sufferings into a rich medicine that goes beyond body, emotion, thoughts, words, concept, culture, and religion. Living fully in the present moment and deeply connecting with inside of her and all around her are an ongoing life process upon her evolutionary journey back home into her heart.

Language Support: Chinese, German

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<https://t.me/cosmicexpression>

A Little More About Weiwei ...

Hello everyone, my name is Weiwei Zhao, I am a processing facilitator, traveler of the unseen worlds and a world within.

I spent a large part of my life feeling aimless and very lost; I could not see past the reality that I lived every day.

Since childhood, I was aware of human suffering and the suffering that people inflict on each other. This was especially difficult for me. I felt that I had to hide who I was and just try to make my way in this human world to get by.

I slowly sank into hopelessness and felt numb, wondering what life was all about and what it was for.

My spiritual quest began around the age of 14 when I chose to leave the disharmony of the family home to journey forward.

Again and again, I realized that something had to change. I felt that my life lacked meaning, so I set out to find something that could fill that void. On this journey, I realized that everything I was looking for seemed to be falling back on myself.

What needed to change was within myself?

This realization changed my life.

I realized that at my core, I believed I was not worthy. By simply rephrasing this core belief to "I am a Uniqueness in Oneness," I triggered a complete renewal of my

thoughts and actions; I even changed my breathing to reflect this new belief.

I created space for my true self.

My true home is nature. I spend as much time as I can with nature, I talk with animals, stones, rivers, trees, clouds, ... I feel them, listen to them, see them, smell them, taste them, and connect with them. They accept me as I am and teach me to be sensitive, to be in the present moment, to be natural, to be authentic, to be able to connect with unseen worlds, and to be in a place, where is beyond body, emotion, thoughts, words, concept, culture, and religion.

I began to deepen my connection to myself, to nature, to Spirit and to unseen worlds, and I began to see through a new lens. This opened me to the beauty within me and to the beauty of humanity.

These are now my purpose and joy, to support others to see the beauty, love and "Unique Expression" within themselves. I do this through my work, sharing myself and my experiences with all of you, sharing with each other our inner wisdom and beauty. I am still on this journey of discovery; I am still learning. I am not here to preach or teach, but rather to share my heart and my own self-discovery.

What this work has taught me is to be the change, to be the light, to be the love, and if you continue to show yourself in this way, you can be a source of inspiration to others.