

Munay-Ki



Giving Thanks

- Thank you, Creation, Father Sun, Grandmother Moon, Star Nations, Earth Mother, Guardians of the Directions and Sacred Worlds, the lineages, visible and invisible helpers for love, guidance, and support!
- Thank you, all the Earth Keepers, for holding this amazing medicine and for sharing it for healing of all our relations.
- Thank you, our teachers, Marcela Lobos, Dr. Alberto Villoldo and the loving team from the Four Winds Society, for bringing this medicine to us, teaching and supporting us, as wonderful mentors and guides!
- Thank you all who said yes to the call of Spirit to come here today to discover how this journey could become part of your journey!

Munay-Ki

- **Munay-Ki** is a body of wisdom that was gifted to Dr. Alberto Villoldo, from his mentors in the Andes, the jungle and the coast of Peru that he modified and adapted to our modern way of learning and healing.
- Munay-Ki is a Quechua concept that means the "**power of love**", referring to the unconditional love through which we live our lives as part of the network of life here on Mother Earth.
- To manifest the Munay, we embark on a journey of personal healing, and as we heal, we turn our pain and suffering into compassion and kindness for others.

Munay-Ki Rites

- The ancient prophecies speak about a period of great transformation, the time of Pachacuti, that will ignite the evolution of human beings into people of light who live in ayni, the right relationship with all life.
- This great upheaval is happening right now, and we are pushed to adapt through rapid healing, transformation and growth.
- The rites of the Munay-Ki initiate us into this evolutionary journey, by awakening our inner healer, upgrading our energy field and connecting us to the wisdom of the lineages, the medicine people that guide and support us on this journey.

Munay-Ki Rites

- Each Rite is gifted as a seed with the complete potential of the rite.
- It is the task of each person who receives the rite to nurture the seed, feed it until it germinates and grows and then share it with others.
- Munay-Ki Rites show us and help us explore our true potential. They:
 - **Upgrade and clear our energy field** enabling us to free ourselves from inherited beliefs, karma and genetics.
 - Continue **supporting our energetic, mental emotional and physical health** as we feed and grow the seeds of the Rites.
 - Connect us to the **lineages** that guide and assist us in our healing, by truly feeling that we are not alone, that we are interconnected with all life.
 - Help us **build the community** dedicated to all life on Earth and beyond, and to making a difference for our children and our children's children.

Munay-Ki Rites

1. Hampe Karpay (The Healer's Rite)
2. Chumpi Karpay (The Bands of Power)
3. Ayni Karpay (The Harmony Rite)
4. Kawak Karpay (The Seer's Rite)
5. Pampa Mesayok Karpay (The Day Keeper's Rite)
6. Alto Mesayok Karpay (The Wisdom Keeper's Rite)
7. Kuyak Akuyek Karpay (The Earth Keeper's Rite)
8. Mosoq Karpay (The Star Keeper's Rite, The Time to Come)
9. Taitanchis Rantis Karpay (The Creator's Rite)
10. Kisma Karpay (The Rite of the Womb)

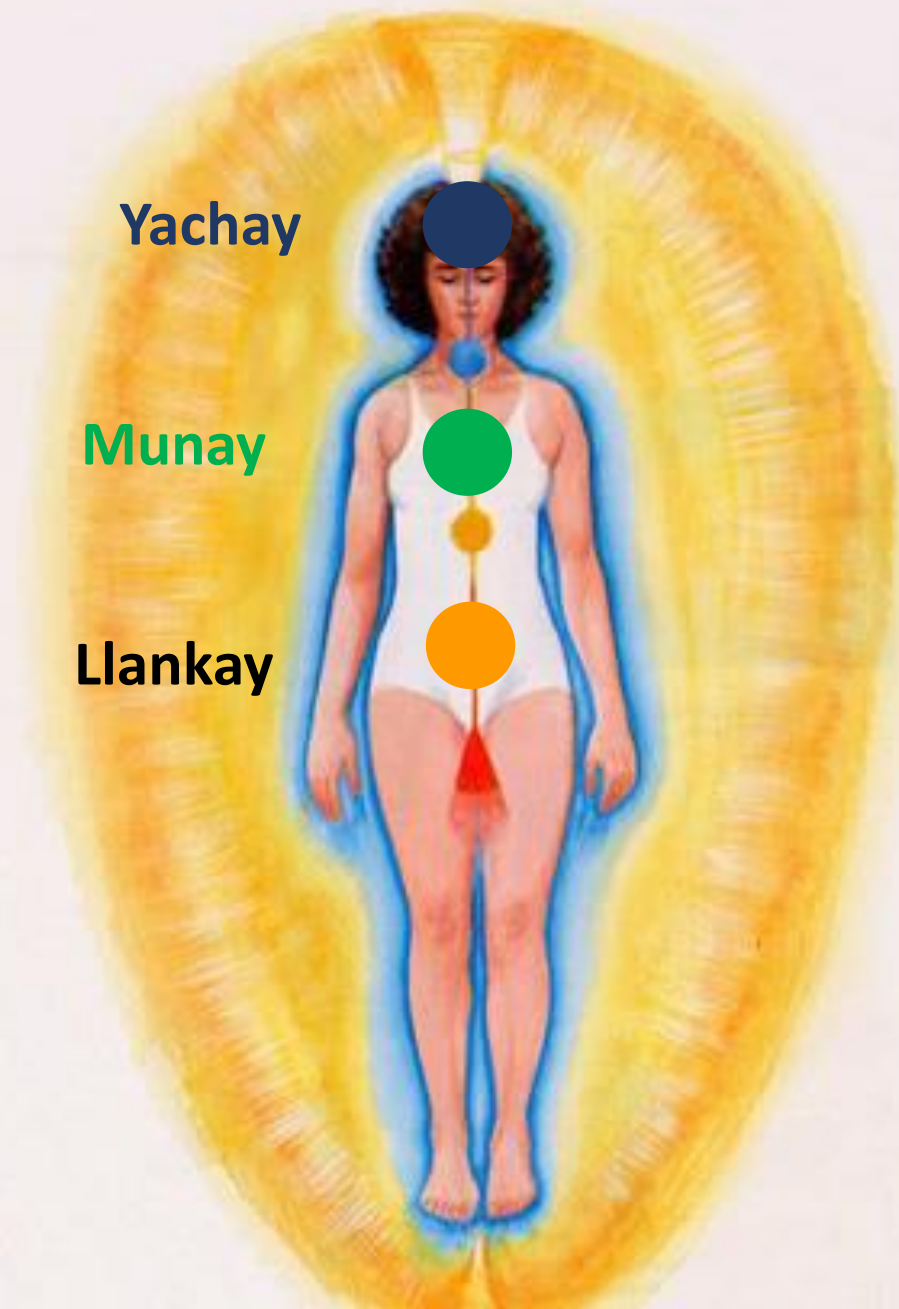
The Foundation Rites

1. Hampe Karpay (The Healer's Rite)
2. Chumpi Karpay (The Bands of Power)
3. Ayni Karpay (The Harmony Rite)
4. Kawak Karpay (The Seer's Rite)

Hampe Karpay

The Healer's Rite

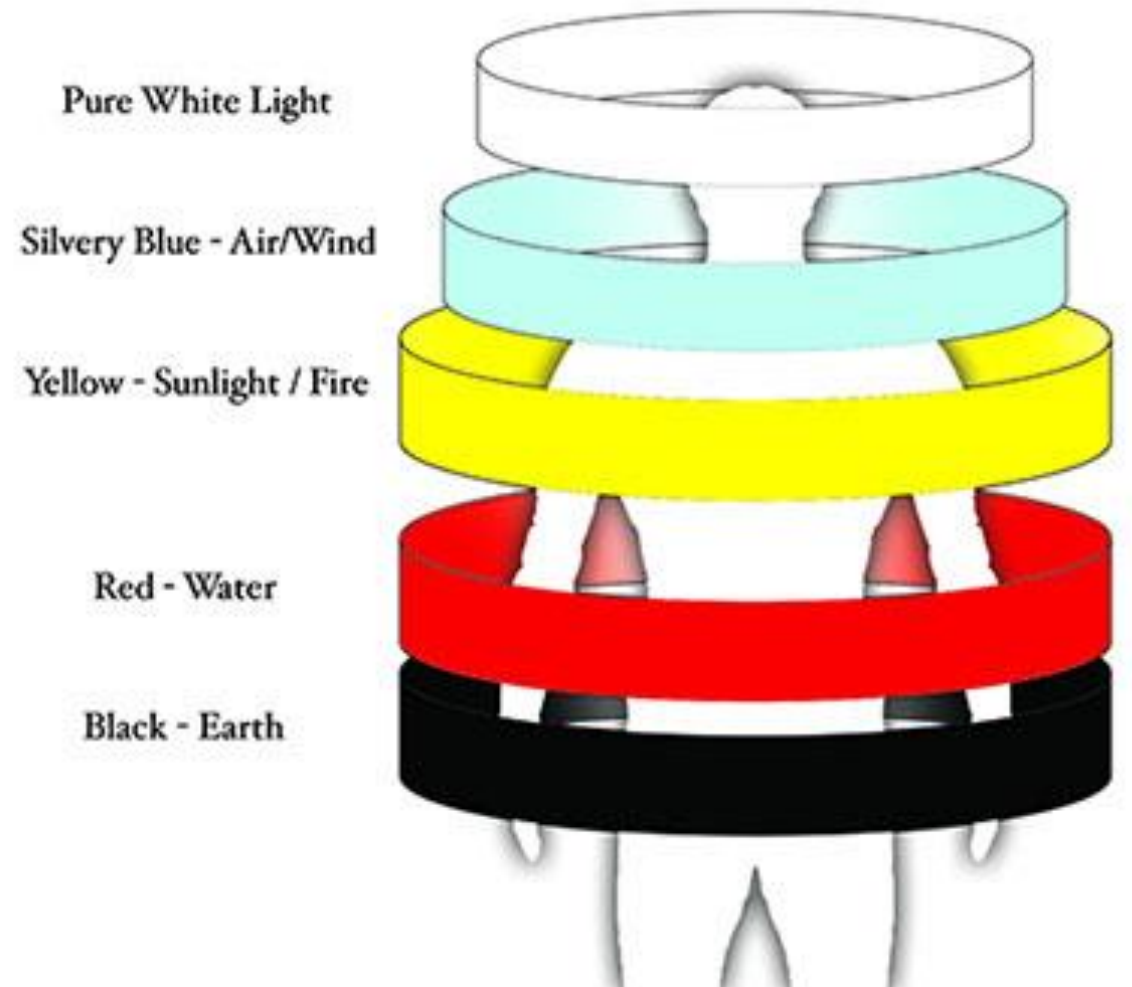
- Awakens our **inner healer** and connects us to **Hampe lineage**, the medicine people who assist us in personal healing.
- The **three centers** are activated, and we learn to feed them to live with a **good heart, good mind, and good actions**.
- We turn the mirror of our interactions towards ourselves and ask ourselves what need to be healed in order to be in ayni, the right relationship with all life.



Chumpi Karpay

The Bands of Power (Protection)

- **Protect and balance** us through **clearing** our energy field.
- **Connect us to the elements** within us and around us.
- We can practice working with the Bands every day, **expanding** them, **rotating** them and allowing them to **clear our energy field**.
- We can **expand** the Bands each time we feel that we are **not safe**.



Ayni Karpay

The Harmony Rite

- Connects us to the **seven archetypes** that guide and support us.
- We learn how to practice **resetting fight or flight response.**
- Healing happens on all **four levels of perception**, the physical, mental/emotional, the Sacred/Soul and the energetic level BUT it cannot happen if we are in fight or flight.

- 7 Pachacuti
- 6 Quetzalcoatl
- 5 Huascar
- 4 Eagle / Condor
- 3 Hummingbird
- 2 Jaguar
- 1 Serpent



Kawak Karpay

The Seer's Rite

- **Installs energetic pathways** on our **head** and **connects** them to our **heart**, to expand our vision and bring Munay to our vision.
- The more we open our hearts, the more we see, perceive and heal!
- **Kawak lineage** guides us to see **beyond comfortable**, our **shadow**, our **stories** and our **projections**.
- We **activate Kawak daily**, to see what we need to heal in ourselves and then to offer the loving service to others.



The Higher Rites

5. Pampa Mesayok Karpay (The Day Keeper's Rite)
6. Alto Mesayok Karpay (The Wisdom Keeper's Rite)
7. Kuyak Akuyek Karpay (The Earth Keeper's Rite)
8. Mosoq Karpay (The Star Keeper's Rite, The Time to Come)
9. Taitanchis Rantis Karpay (The Creator's Rite)
10. Kisma Karpay (The Rite of the Womb)

Pampa Mesayok Karpay

The initiation into the lineage of Pampamesayok, the Day Keepers gives us access to ancient, feminine knowledge and elemental power. As Day Keepers, we greet the sun as it rises and sets each day, we guide our communities to live in harmony with Mother Earth and respect the feminine. We build and activate our altars and we learn to draw information, knowledge and healing power from direct contact with Pachamama.

Alto Mesayok Karpay

- The Alto-Mesa-Yok, the power of the high mountains:
 - Helps us to begin healing our inner masculine.
 - Offers us strength and stability.
 - Connects us to our Apu, our Mountain Spirit.
 - Helps us step outside of time, to taste infinity.
- With the snow-covered mountains representing the luminous beings, the Wisdomkeepers, we embody the ancient masculine and learn to dialogue with nature and understand the energy that moves nature's cycles and rhythms.

Kurak Akuyek Karpay

The Earth Keeper's Rite connects us to the lineage of Earthkeepers who help us remember how to support our dreams, the dreams of our ancestors and all those who will come after, of transforming Pachamama into a harmonious and loving cooperation between all of life. It opens our hearts and inner vision and reminds us to trust in the gentle power of the seeds gifted to us from these ancient Guardians of the Earth. For they will guide us towards collectively dreaming a peaceful world into being for all our relations.

The background of the slide is a dark, starry night sky. A bright, glowing star or planet is visible on the left side, with a long, faint streak of light extending from it towards the right, resembling a comet or a meteor. The overall tone is mysterious and celestial.

Mosoq Karpay

The Star Keeper's Rite or
The Time to Come connects us to the stars,
planets, energies, times, and dimensions that
exist beyond this linear time and physical
place. It blesses us with the ability to
gracefully navigate this transitional time of
Pachacuti. It transports us 10,000 years into
the future where we become homo
luminous, the illuminated human deeply
connected to the Source. The Mosoq lineage
is our luminous, future-self, who is calling us
home, into reunion with all that is.

Taitanchis Rantis Karpay

The Creation Rite helps us understand that we can dream the world into being. We become one with the river, the wind, the ocean, the waves... Our breath is everyone's breath and the Source:

“I am my breath!”

To be like Creation, with such Munay, clear wisdom and power, we realize that creation happens in cycles, from birth, to death and that it includes creating something, nurturing it, so that it can grow and give fruit, and then letting it dismantle.



Kisma Karpay

The Rite of the Womb connects us to the lineage of women who freed themselves from pain and suffering. They teach us that we are not born to carry fear or sadness and so we dismantle and release imprints of trauma from within our womb to restore the buried wisdom. It helps us embody the fullest expression of joy, beauty, love and inner peace and awaken our deep longing for connection to each other, to Mother Earth, and to the sacredness of all life birthed through the Sacred Womb.



Gifting the Seeds of Munay-Ki



Gifting the Seeds of Munay-Ki

- Four elements are transmitted:
 - The **seed of the Rite!**
 - The **seed of the lineage!**
 - The **way the lineage lived in the giver!**
 - The **wisdom that the giver acquired with the lineage!**
- As we grow the seed of the Rite, we grow the seeds of knowledge and wisdom from the:
 - **Lineage!**
 - **Our mentor!**

Journey With the Munay-Ki Lineages

- The lineage of Hampe healers help us activate our inner healer and ask ourselves what needs to be healed to be in harmony within and with our surroundings. We are connected to “ME”.
- Kawak lineage of Seers helps us develop seeing into the subtle energies within us and around us, seeing with our hearts even what we are not comfortable seeing.
- With lineage of Pampa Mesayok, the Day Keepers, we start looking into the needs of others, into “WE”, and we become the keepers of the Altars, the ones that welcome the day with a thanksgiving prayer, deeply connected to the feminine force of our Mother Earth.
- With lineage of Alto Mesayok, the Wisdom keepers, we connect to the mountains, the power of the masculine and to the nature and listen to their messages of how to be of service.
- As Earth Keepers, the Kurak Akuyek, we offer our loving service to the Earth as a whole.
- With Mosoq lineage, the Star Keepers, we broaden our perspective and connect to the stars and galaxies, and the time to come. The more we connect and expand, it is less about “ME”.
- At the level of Taitanchis, the Creation, the sense of ME is opened and transformed, and we authentically experience **oneness** with the universe and the spaces in between.
- Kisma lineage heals our deepest feminine to birth joy, compassion and Munay into world.

A scenic view of a rocky coastline. The foreground shows dark, jagged rocks partially submerged in shallow, rippling water. In the middle ground, waves with white foam are breaking against the shore. The background features a clear blue sky and a distant, low-lying island or headland. The overall lighting is bright, suggesting a sunny day.

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