The Medicine Wheel

The Medicine Wheel is a circle that represents, honors, and works with the circular nature of the cycles of the universe, of our Earth Mother, and the cycles in our own lives and our lifetimes.

It represents the oneness, the unity of everything.

The Medicine Wheel connects our inner selves to

Mother Earth. By journeying around the wheel selftransformation occurs.





These Medicine Wheels of stone, constructed by the original Native inhabitants, once spread across the Americas. They were the ceremonial centers of Earth people; powerful vortexes for both giving and receiving the Earth energy. Earth Peoples used the Medicine Wheel to understand and celebrate change in their lives and in the cycles of the Earth. What these ancient ones knew and practiced is the wisdom sorely needed by people today.

The Medicine Wheel ceremonies are community events. People of all ages and backgrounds are welcome to participate in building the Wheel and then honoring it with Tobacco, Corn meal, and songs for each of the Stones in the Wheel. As people and forces are gathering at the Wheel, each participant is able to connect to the archetypes of the Inner Circle, Creator, Mother Earth, Father Sun, Grandmother Moon, and the four clans, the Turtle Clan, Clan of the earth, the Frog Clan, Clan of the waters, the Thunderbird Clan, Clan of the fire, and the Butterfly Clan, Clan of the air. Then, the Outer Circle is honored, and participants connect to the medicine of the Guardians and Keepers of the four directions, Waboose, Greath White Buffalo in the North, Wabun, Great Golden Eagle to the East, Shawnodese, Coyote, to the South, and Mudjekeewis, Great Grizzley Bear to the West. Each of the directions is represented by 7 stones, the Keeper of the direction and 6 stones for the connecting pathways. Each stone in the Medicine Wheel had different qualities and stone people, plant people, and animal family archetypes associated with it.

By honoring these forces, participants receive messages and medicine from the archetypes for their personal healing and for their service in the world and beyond. Communities come together and create these great vortexes to heal the Earth and all ger children. The wisdom of the archetypes becomes part of our lives and they guide and support us to find balance and health on all levels, physical, mental, emotional, and energetic!